generation ways to transform An old T-shirt becomes one red-hot halter top (page 118) a T-shirt A T-skirt with fringe benefits (page 176) and Go-go Gauntlets (page 186) megan nicolay

46 cover girl

hree words: Easy. Breezy. Beautiful. This one made the cover of the book, and it's not hard to see why.

The low-cut halter looks attractive on the large- and small-breasted alike, and the knot in the back crops the top conveniently to reveal that tattoo on your lower back. If Marilyn Monroe

had been a hipster, this is what she would have worn.

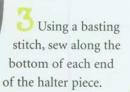
LEVEL 4

ingredients

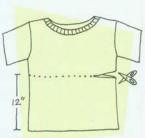
- 1 T-shirt (L)
- ruler
- scissors
- tailor's chalk
- needle
- thread
- straight pins

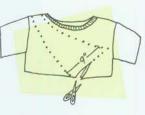
Lay the T-shirt flat and cut 12" off the bottom, leaving the hem.

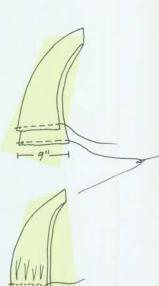




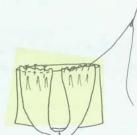
Gather the fabric at the bottom of each end along the stitched area, reducing its length from 9" to 6".





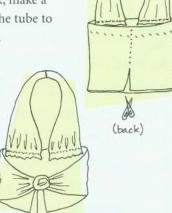


Using a whipstitch, sew along the pinned edges to complete the halter. Remove the pins and basting stitches.



At the center back, make a vertical cut through the tube to create two tying ends.

Slip the halter over your head and tie the two ends together at your back.



celebri-tee corner

Jersey from New Jersey: The Boss, Bruce

Springsteen, immortalized the white T-shirt on the cover of his *Born in the USA* album. And

the original cover of
breakout album

Slippery When Wet
by Bon Jovi (also
from the Garden State)
featured a model whose
breasts were fairly bursting
through a slashed, cropped

(and hosed-down) T-shirt.



ake the halter piece and the torso piece out of contrasting T-shirts.

nstead of gathering the tube ends in a knot at the back, sew them together in a straight, flat seam. And, instead of slipping the halter over your head, use two gathered rectangular pieces (then follow steps 3 through 6) and tie them at your neck. Very Studio 54.





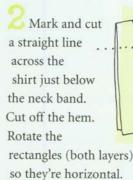
knot too shabby no sew

oung lady, are you leaving the house in that? Because the holes expose skin, let me issue an official warning: This skirt may shift in flight. It's a good idea to have a friend on "booty duty," making sure nothing is revealed but the sides of your legs. Or, play it safe and wear a pair of leggings or funky stockings underneath. LEVEL 2

ingredients

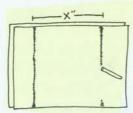
- 1 T-shirt (XL)
- scissors
- measuring tape
- tailor's chalk

Lay the
T-shirt flat.
Mark and cut
(through both layers)
two vertical lines from
the top of the shirt to
the bottom, just inside
the sleeves.

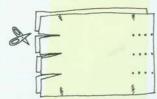


Divide your waist measurement by 2 and then subtract 2 (x). (Example: For a 32" waist, divide by 2 to get 16"; subtract 2 to get 14".)

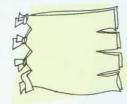
Center that measurement along both long edges of the rectangle, mark it at both ends, and draw vertical chalk lines connecting the marks, as shown.



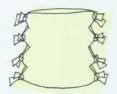
Along both sides of the skirt cut horizontal slits (through both layers) 4" apart, stopping at the chalk line.



Tie the loose ends to their partners, securing the back and front layers all the way down the sides.



Slip the skirt on and adjust the knots as needed. Trim the ends of the knots as desired.



variation

ead, shoulders, knees, and toes: conversion outfit alert! Wear it as a tank top by slipping it over your torso and tying the top two knots over your shoulders, as shown below.

